Separate Drop Down Menu: Clinical Training

MAPS Counseling Services offers a one-year internship opportunity for doctoral level interns as well as second year Masters Level students in Applied Psychology. Students join a dynamic team of psychotherapists providing outpatient counseling to clients in our Keene and Peterborough offices. As a MAPS intern, you will become an integral part of our treatment team.

MAPS is distinguished among mental health services in this region by our adherence to a broadly defined view of spirituality as a critical dimension for mental health and healing. Integration of spirituality and psychotherapy is a critical cornerstone of our conceptualization of the services we provide to our community. Interns develop the clinical skills necessary to recognize and incorporate the spiritual orientations and themes which may be relevant to each client or family system, thus weaving them into the clinical evaluation, case conceptualization, treatment formulation, and ongoing psychotherapy.

MAPS students work primarily with uninsured adults and couples. For students interested in developing child and/or family systems skills, there are opportunities to work with children and families. Group therapy training is available as a co-facilitator in one of our support groups for individuals coping with cancer, for their caregivers, and for people with chronic pain. Beginning in 2017-2018, MAPS, in collaboration with Antioch University New England and other area agencies, will be offering internship placement for students providing substance abuse and addiction counseling services. Students who wish to specialize in addictions treatment may qualify for a grant stipend for their internship year.

The MAPS Practicum/Internship is a challenging and highly rewarding experience. The student functions as a fully integrated clinician with the senior staff, independently carrying a caseload of approximately 10 clients per week. Case conferences and administrative staff meetings are held weekly. Structured in a small group format, clinical case conferences provide comprehensive feedback and support around aspects of client care. During weekly staff meetings, students learn all aspects of a successful clinical practice: addressing financial billing challenges, documentation and compliance expectations, and navigating managed care. Students are expected to have and further develop the skills necessary to function with autonomy. As such, MAPS recruits candidates with sufficient clinical experience to prepare them to immediately begin individual therapy with their clients. They must be adept in developing an effective therapeutic alliance, have exposure to basic clinical diagnosis and intake assessments, possess the ability to recognize at-risk clients, and be capable of conceptualizing presenting problems and treatment plan based within a theoretical model. Practicum students, in addition, will administer approximately four comprehensive psychological and psychoeducational test batteries.

Students receive comprehensive supervision: each student is assigned an individual supervisor who they meet with weekly for one hour. Students in Keene meet with the executive director for process supervision using audio/video of psychotherapy sessions. Students attend and participate in weekly (90 minute) case presentations which offer valuable opportunities for a collegial, collaborative learning environment alongside seasoned clinicians. While extensive supervision is provided, our internship/ practicum is best suited for applicants with strong interpersonal skills and the confidence to be assertive and self-aware of their training needs.

If you are a student seeking a comprehensive internship experience and wish to apply to MAPS, please forward a resume and letter of interest to Stephanie Kimber, our Internship Coordinator. Students with sufficient experience will be invited to interview in February, and our invitations will be made by the end of the month. Should you have additional questions, Ms. Kimber can be reached at 603-355-2244, x8264 or by email at skimber@mapsnh.org.