



What's Happening in the World of Training at Maps

The Maps' training program has many facets that include training students and residents as well as providing continuing education to staff. We at Maps are addressing the shortage of licensed mental health providers in the community through our training program.

Student Training

We have master's level and doctoral students begin with their orientation day at the end of July. Students engage in a 12-month placement at Maps under the supervision of a licensed clinician. Students come from various universities specializing in clinical mental health counseling, dance movement with a concentration in marriage and family therapy, mindfulness-based transpersonal counseling, and clinical psychology. We have four students for 2022-2023 comprised of two master's level and two doctoral students. Students have the opportunity to facilitate groups, participate in committees, and attend all trainings made available to staff. Students work with uninsured and underinsured clients offering counseling services for a minimal fee sometimes even pro bono. Having students at our counseling center reduces the financial barrier and ensures everyone has access to mental health services. Additionally, Maps is able to offer psychological testing at a reduced rate through our testing program that is administered by our doctoral students.

Residency Program

The residency program at Maps was implemented two years ago and continues to grow. Residents are clinicians that have finished their higher education and are working toward licensure. Full-time residents work for 2 years as a resident under the supervision of a staff clinician. During this time, they can take a licensing board exam. Upon receiving a passing score, they may then apply to become a licensed clinician. Residents at Maps can bill only Medicaid health insurance as we have an agreement in place with Medicaid. Residents also can work with clients who are able to afford a self-pay rate per session. We have on average four residents in a variety of disciplines from marriage and family therapy to mental health counselors as well as our first post-doctoral resident starting this Fall.

Continuing Education

Continuing education offerings to all staff at Maps has been a wonderful resource to support clinicians in learning cutting-edge therapy techniques. Recently, we have registered as a center with our affiliate Solihten to allow all clinical staff access to a total of 5 two-hour courses focused on spiritual integrated psychotherapy with different clientele. This will take place on an every-other month basis over the next 8-months. During this summer, we had five clinicians participate in a 12-hour clinical supervision training. Having staff trained and available to supervise is critical to the success of the students and residents! Thanks to the funding we received from 100+ Women Who Care, continuing education at Maps is made possible.



Bethann's Departure

We are saddened to announce that after almost 2 wonderful years as Maps' Executive Director, and over 9 years serving as a clinician and Clinical Director, Bethann Clauss has made the difficult decision to leave Maps for a new position that offers her and her family opportunities that she felt were too important to pass up.



Bethann Clauss - Photographer, Christopher David

Bethann stated, "I came to Maps as a mom with young children, seeking balance and a space to build my professional skills. Maps has helped me to become the person, the clinician, and the administrator that I am today. The list of life changing experiences and people are too many to count."

Maps will be forever changed by her leadership, caring presence, and kind words. We will miss her greatly.

Maps Wellness Festival 2022 Outcome

After successful completion of a mini trial run Wellness Festival in October 2021, Maps launched its' first annual Wellness Festival on May 21, 2022. The festival was held at the United Church of Christ in Keene where Maps Keene office is located. It was an unusually hot and humid day for May, but all who volunteered and came to participate didn't seem to mind.

The festival, both a Maps gift to the community and a fundraiser, included a variety of offerings for all ages. There were classes for yoga, qi gong, Barre, meditation, creative writing, and drawing, and more. Outdoors in the park for children and families was music, arts and crafts, planting, hoola hooping, and bubbles to fill the air with magic. We had at least 3 body work professionals providing free mini massages to attendees, including Thai massage.

There was no admission to participate in the festival, although we gratefully accepted donations. We also invited several local vendors to come and set up a table to share their products and services for other ways to support health and wellness. Each vendor donated items which were added to our raffle table that already included many handmade items. The hum of activity and excitement amongst the vendors and attendees was palpable as you wandered through the large dining hall.

The Wellness festival was sponsored by many local businesses and Maps is so appreciative of their support. The major sponsors included: Mascoma Bank, Savings Bank of Walpole, NH Trust, and Welnak Dental.



Potting Plants - Photographer, Christopher Clauss



Prayer Flags - Photographer, Christopher Clauss