



Meet Our New Executive Director - Dr. Gina Pasquale

Dr. Gina Pasquale, a licensed psychologist, has been out and about in the community since being nominated Executive Director in July. You might have seen her helping with pizza night at Orchard Hill Breadworks in August for the evening benefitting Maps. She attended the Chamber of Commerce event in August with Dawn Reed, our Business Manager. Gina feels making connections is integral to keeping Maps Counseling Services on the map. She also attended the NH Charitable Foundation networking event held in September with Tina Borsa, LCMHC, our Training Director. Gina aspires to have various streams of revenue coming into Maps by expanding our services. Keep on the lookout for Gina as she trail-blazes ahead building on 13 years of tenure at Maps!



Giving Tuesday - 11/28

Here are a few examples of the kinds of things that happen in therapy, and the kinds of outcomes that are achieved.

- \cdot A young daughter of a divorced couple now understands that nothing she has done caused her parents to separate.
- \cdot An adolescent who comes to one of our counselors for help in silencing the voices he cannot control voices that tell him to hurt others.
- \cdot A new, sleep-deprived Mother with terrifying thoughts about hurting her infant cries with relief when a skilled therapist tells her that she will get better, she's not alone, and that it's not her fault.
- \cdot The parents of a child who has died by suicide now begin to let go of their guilt and start growing together instead of apart.
- A young father who, after his layoff this year, feels his marriage collapsing under the pressure of student loan debt and, after a long search, finds affordable counseling through Maps Hope & Healing Fund.



The Hope & Healing Fund helps low-income clients find solutions to their problems: to break the chains of addiction, to heal from trauma and abuse, to find worth and purpose in life and to break the cycle of poverty and hopelessness. Your donation to the Maps Hope & Healing Fund also supports our graduate training program that helps expand our low-cost services and ensures a future generation of highly skilled psychotherapists. Maps Counseling Services is making a difference in the Monadnock Region, one person at a time – and your support is deeply appreciated.

Won't you make your tax-deductible donation on Giving Tuesday and remember Maps in your end of year contribution?

Meet Our Clinicians

Meet **Angèle Romano, LICSW,** part of the Maps team for 3 years. During our interview, Angèle shared her profound connection to her job and the Monadnock region. She loves the opportunity it provides to support and facilitate healing, reminiscent of the support she received when she needed it most. Being a part of a community of passionate professionals who care about their clients and colleagues is something Angèle values deeply. She admires her clients for their courage to engage in the healing process, recognizing their strength and their journey towards becoming their authentic and complete selves.

What does your personal grounding look like?

"Spiritual practices, connection with self and others, my pets, exercise & nature (the ocean)." Do you have any pets?

"Yes, I have 3 Cats. The youngest is a rescue from TN named Chuck Norris (long story!)" What is your favorite book or movie and why?

"'Stellaluna', as it is about discovering one's true self and reminds us that being different is okay.

What dish would you bring to a Maps potluck?

"Trifle, of course! (Chocolate Raspberry)"



Photo taken by Christopher David

Angèle's genuine care for others, her sensitivity, unwavering belief in the power of hope, and her daily commitment to infuse these qualities into her professional practice is a wonderful asset to our team. She is the essence of a dedicated and compassionate therapist who strives to make a positive impact on those she serves.



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