

Meet Our Clinicians

Meet **Sarah Goldsmith, LCMHC**, part of the Maps team for a little over a year. Although she's not native to the area, she enjoys hiking, walking, supporting local vendors, and the picturesque views. During our interview, Sarah shared that she loves providing a safe space for people to start or continue their healing journey. Many of her clients have experienced a lot of trauma over the course of their lives, and she finds it really powerful to witness someone finding their own strength and making changes for themselves that they maybe didn't think were possible.

What does your personal grounding look like?

"I thoroughly enjoy being outside and in the sun. Being active outdoors always has a grounding effect on me."

Do you have any pets?

"Yes! I have two dogs who are the best dogs I could ever ask for. Much of my time is spent taking them outside hiking and enjoying the outdoors."

What is your favorite book or movie?

"One of my consistent top 3 movies has been Garden State, and top 3 books is What My Bones Know."

What dish would you bring to a Maps potluck?

"I think I'm likely to bring a big ol' salad with a homemade dressing."



Photo taken by Christopher David

Her ability to connect with her clients, combined with her positive energy and genuine enthusiasm for her work, makes her a standout member of our team. We are fortunate to have someone who is not only deeply committed to her profession but also to the well-being of those she serves.



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Celebrating "50" Years of Service

What a celebration! Maps Counseling Services marked our 50th Anniversary on Saturday, June 8, 2024 with about 150 people from the community coming together at the Redfern Arts Center in Keene. The evening started with a VIP dessert reception featuring a congratulatory cake for all to enjoy. Attendees bid on spectacular silent auction items, several of which showcased works from local artists such as Mark Aron and Andy Felegara to name but two. The silent auction raised nearly \$1,500 from our generous supporters! In addition, we raffled off various handmade items and gift certificates from businesses including Julie's Garden, Elemental Knots, Orchard Hill Breadworks, and others. Board President, David Meader, kicked off the evening's program by thanking those volunteers and staff members who contributed to the planning of the 50th Gala. He also recognized individuals who have ensured that Maps Counseling Services has served the mental health needs of the community for five decades and thanked current board members and staff who are building Maps' capacity to meet future needs. Next, Executive Director, Gina Pasquale, Psy. D. (as shown to the right), took to the stage. In her remarks, she commented on the evolution of Maps Counseling Services' mission and vision as symbolized in the changes to our logo over the years. Dr. Pasquale observed that our logo once depicted a single tree, representing human growth, but now the image in our logo is that of a path lined with trees, representing the support Maps Counseling Services provides our clients as they navigate life's challenges. Following Dr. Pasquale's remarks, Board member and Event Chair, Daniel Aronson, announced the winners of the raffles before introducing the evening's entertainment.



Photo taken by Christopher David



Maps Counseling Board Members and Leadership Team



Comedy mind reader, Eric Dittelman, then amused and mystified attendees with his unique combination of engaging humor, audience participation, and mind reading. In one segment, Dittelman invited people on stage to choose and think about a word in a Harry Potter book (as shown to the left, Sarah Davis), which Dittelman then guessed ... amazing! Audience members also played an adaptation of the popular game of Pictionary, which Dittelman played with his eyes duct taped shut and blindfolded. To the audience's astonishment, he was able to name what each subject had drawn. Dittelman's performance brought some light-heartedness to the community and demonstrated the healing of laughter. Maps Counseling Services looks forward to continuing to serve the community in mind, heart, body, and spirit for another 50 years and beyond. We thank all our clients, donors, volunteers, practitioners, and staff for joining us on our journey.